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# Accurate 14" Seams

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# Helpful Feet

BERNINA foot #37 (¼" patchwork foot)
BERNINA foot #37D (¼" dual feed patchwork foot)

BERNINA foot #57 (¼" patchwork foot with a guide)
BERNINA foot #57D (¼" dual feed patchwork foot
with a guide)

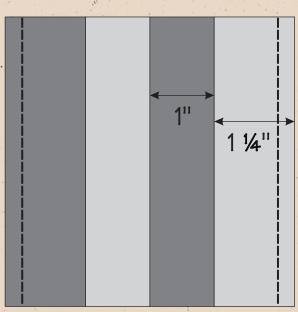
#### BERNINA foot #97

(¼" patchwork foot for 9mm machines)

BERNINA foot #97D (¼" <u>dual feed</u> patchwork foot for 9mm machines with an optional screw on guide)

## The "Sewing Test"

Cut 4 - 1 ½" x 4 ½" fabric strips Sew the strips together,
(use an accurate ¼" seam allowance)
The square should measure 4 ½" x 4 ½".



4 - 1 ½" x 4 ½" fabric strips

If the strip set measures larger than 4 ½", your seam allowance is too small. If the strip set measures smaller than 4 ½", your seam allowance is too large.

### Just a few tips:

Clean your sewing machine, insert a new size 75 machine quilting needle.

Use a neutral or blending color of **100% cotton sewing thread** (size 50 or 60) in the top and bobbin. Prepare the fabric with **Best Press**® before cutting out any pieces.

Stitch seams with a "normal" stitch length - about 2.5mm or 12 stitches per inch.

Think "chain piecing". For example, seam two pieces together - do not remove them from the machine. Stop stitching at the end of the seam, then begin stitching another seam. The seams are joined together by a small amount of thread, creating a chain of stitching, separating each seam.

Press as you sew, don't iron! Use steam sparingly. Set the seams by pressing the stitching, right sides together. Then, open the piece and press from the top side to avoid tiny pleats. Press the seams to one side, in the direction indicated on the patterns. This will reduce the bulk and make the seams nest with one seam going in one direction and the other seam going in the opposite direction.

Pin, if you need to, removing the pins as you sew. Place a pin on both sides of an intersection. Use the tip of a stiletto to hold the seam allowance in place under the presser foot.

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